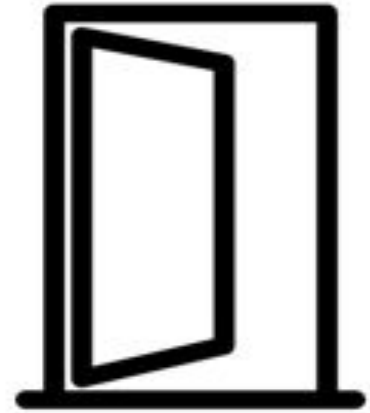




LOOK
THROUGH THE
WINDOW



REFLECT IN THE
MIRROR



ACT AND
RESPOND-
OPEN THE
DOOR

Spirituality at Sutton

Windows

Giving children opportunities to become *aware* of the world in new ways; to **wonder** about life's '**Wow's**' (things that are amazing) and '**Ow's**' (things that are challenging).



In this, children are learning *about* **life in all its fullness**.

We provide **WINDOWS** throughout our curriculum.

Many of our lessons have an awe and wonder focus with a variety of stimuli, including photos, videos, music, current events and real-life stories.

Mirrors

Giving children opportunities to *reflect* on their experiences; to **meditate** on life's big questions and to consider some possible answers. In this. they are **learning from life** by exploring their own insights and perspectives and those of others. There are a range of opportunities within our curriculum and school life that offer a variety of **MIRRORS** for the children to reflect on the world in different, deeper ways.



Our children are able to ask and discuss bigger questions and consider their own ideas and beliefs.

Doors

Giving our children opportunities to **respond** to all of this; to **do** something creative as a means of expressing, applying and further developing their thoughts and convictions. In this, they are learning to **live** by putting into action what they are coming to believe and value.

What can I **learn** from this and how can I **respond**?



Windows, Mirrors, & Doors: A Framework for Spiritual Growth

PHASE 1: EXPLORATION & REFLECTION

Windows – Learning About Life



Developing world awareness by exploring life's amazing "Wows" and challenging "Ows."

Mirrors – Learning From Life



Reflecting on personal experiences and meditating on life's big questions and beliefs.

PHASE 2: ACTION & APPLICATION

Doors – Learning to Live



Expressing convictions and putting personal values into creative action in the world.