

<u>Physical Education – Intent, Implementation, Impact</u>

<u>Intent</u>

Our aim is to provide a high-quality physical education which engages, inspires and challenges pupils, equipping them with the knowledge and skills to develop fitness and engagement levels over time. Children persevere when practising skills and refine these throughout their time at Sutton. They learn to show respect and compassion for each other through team building sports and activities as well as building on their friendship skills.

We have designed our whole-school long term plan for PE to prepare children for inter-school competitions in order to increase participation and opportunities.

We want all children to develop the self-confidence, skills, knowledge, and understanding to develop a lifelong love of PE, whilst also providing a secure foundation that enables them to take their learning further should they wish to. We also want teachers to enjoy teaching PE and to feel empowered, armed with good subject knowledge and practical skills.

At Sutton, we follow 'PE Planning' which provides us with a programme of study that is carefully organised by each year group through a long term plan and through this we intend for our children to:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Implementation

We use the 'PE Planning' scheme of work throughout our curriculum for EYFS - Year 6. This scheme has been written by experts in their field and is designed to meet the National Curriculum end of Key Stage targets. The curriculum is further enhanced by participation in numerous sporting tournaments with other schools in the area and after school clubs. Children are also taught by PE Specialists across the year and our Year 3/4 children take part in swimming during the summer term.

Play Leaders supervises sports activities at lunchtime, including: football and skipping.

We also aim to ensure that the children participate in active lessons outside of their regular PE lessons. This involves incorporating moments within lessons whereby the children can be active. We follow the guidelines set by the national curriculum to ensure we offer a range of PE activities that allow each child to feel challenged and offer opportunities to progress further.

We use See-Saw to document and track each subject area, to ensure there is full coverage of the National Curriculum.

<u>Impact</u>

By the end of each key stage, pupils are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study. At Sutton we use summative assessment to determine children's



understanding and inform teachers planning. The effectiveness of the PE Planning scheme will be assessed regularly by the curriculum lead and senior management, via discussions with staff and children and ensuring children are meeting end of key stage expectations on the Impact tracker.