Structures:

	Start at Year A	Start at Year B
Υ	To know:	
		To know that shapes and structures with
е	The user is the person who will use the	wide, flat bases or legs are the most stable.
a	product.	To understand that the shape of a structure
r	Different users may want different things	affects its strength.
1	from a design.	To know that materials can be manipulated
	Who they are designing for makes a	to improve strength and stiffness.
	difference to what they design.	To know that a structure is something which
	The purpose is what something is for.	has been formed or made from parts.
	Existing products can help when deciding	To know that a 'stable' structure is one
	what to design.	which is firmly fixed and unlikely to change
	Drawings are a way to explain ideas.	or move.
	A plan is deciding what to do first and next.	To know that a 'strong' structure is one
	Different equipment does different things.	which does not break easily.
	Names of common pieces of equipment.	To know that a 'stiff' structure or material is
	Some tools are sharp like scissors and	one which does not bend easily.
	knives.	Kapow: Build a Chair
	Spacing cuts or marks evenly can be useful.	
	Different glue can be used to join different	
	things.	
	Some products will be better than others.	
	Their ideas or products can be made better.	
	Their ideas can make someone else's work	
	better.	
	Other people's ideas can help make their	
	work better.	
	A structure is something that has been made	
	and put together.	
	Stable structures do not topple.	
	Shapes and structures with wide, flat bases	
	or legs are the most stable.	
	Adding weight to the base of a structure can	
	make it more stable.	
	Kapow: Stable Structures	

	I = 1	I = 1
Υ	To know that shapes and structures with	To know:
е	wide, flat bases or legs are the most stable.	The user is the person who will use the
a	To understand that the shape of a structure	product.
r	affects its strength.	Different users may want different things
2	To know that materials can be manipulated	from a design.
	to improve strength and stiffness.	Who they are designing for makes a
	To know that a structure is something which	difference to what they design.
	has been formed or made from parts.	The purpose is what something is for.
	To know that a 'stable' structure is one	Existing products can help when deciding
	which is firmly fixed and unlikely to change	what to design.
	or move.	Drawings are a way to explain ideas.
	To know that a 'strong' structure is one	A plan is deciding what to do first and next.
	which does not break easily.	Different equipment does different things.
	To know that a 'stiff' structure or material is	Names of common pieces of equipment.
	one which does not bend easily.	Some tools are sharp like scissors and
	Kapow: Build a Chair	knives.
	,	Spacing cuts or marks evenly can be useful.
		Different glue can be used to join different
		things.
		Some products will be better than others.
		Their ideas or products can be made better.
		Their ideas can make someone else's work
		better.
		Other people's ideas can help make their
		work better.
		A structure is something that has been made
		and put together.
		Stable structures do not topple.
		Shapes and structures with wide, flat bases
		or legs are the most stable.
		Adding weight to the base of a structure can
		make it more stable.
		Kapow: Stable Structures
Y	To understand that wide and flat based	Possible Enrichment: Kapow: Helmets
	objects are more stable.	rossible Ellitolillelit. Kapow: Heifflets
e		
a	To understand the importance of strength	
r	and stiffness in structures.	
3	To know the following features of a castle:	
	flags, towers, battlements, turrets, curtain	
	walls, moat, drawbridge and gatehouse –	
	and their purpose.	
	To know that a façade is the front of a	
	structure.	
	To understand that a castle needed to be	
	strong and stable to withstand enemy attack.	
	Kapow: Construct a Castle	
	Liahow. Constituct a castle	

Y e	Possible Enrichment: Kapow: Helmets	To understand that wide and flat based objects are more stable.
a r		To understand the importance of strength and stiffness in structures.
4		To know the following features of a castle: flags, towers, battlements, turrets, curtain walls, moat, drawbridge and gatehouse – and their purpose.
		To know that a façade is the front of a structure.
		To understand that a castle needed to be strong and stable to withstand enemy attack Kapow: Construct a Castle.
Υ	Possible Enrichment: Kapow: Bridges	To know that structures can be strengthened
е		by manipulating materials and shapes.
а		To understand what a 'footprint plan' is.
r		To understand that in the real world, design
5		can impact users in positive and negative ways.
		To know that a prototype is a cheap model
		to test a design idea.
		Kapow: Playgrounds
Υ	To know that structures can be strengthened	Possible Enrichment: Kapow: Bridges
е	by manipulating materials and shapes.	
а	To understand what a 'footprint plan' is.	
r	To understand that in the real world, design	
6	can impact users in positive and negative	
	ways. To know that a prototype is a cheap model	
	to test a design idea.	
	Kapow: Playgrounds	

TEXTILES:

	Start at Year A	Start at Year B
Υ	To know that sewing is a method of joining	To know that 'joining technique' means
е	fabric.	connecting two pieces of material together.
а	To know that different stitches can be used	To know that there are various temporary
r	when sewing.	methods of joining fabric by using staples,
1	To understand the importance of tying a	glue or pins.
	knot after sewing the final stitch.	To understand that different techniques for
	To know that a thimble can be used to	joining materials can be used for different
	protect my fingers when sewing.	purposes.
	Kapow: Pouches	To understand that a template (or fabric
		pattern) is used to cut out the same shape
		multiple times.
		To know that drawing a design idea is useful
		to see how an idea will look.
		Kapow: Puppets

Υ	To know that 'joining technique' means	To know that sewing is a method of joining
e	connecting two pieces of material together.	fabric.
a	To know that there are various temporary	To know that different stitches can be used
r	methods of joining fabric by using staples,	when sewing.
2	glue or pins.	To understand the importance of tying a
_	To understand that different techniques for	knot after sewing the final stitch.
	joining materials can be used for different	To know that a thimble can be used to
	purposes.	protect my fingers when sewing.
	To understand that a template (or fabric	Kapow: Pouches
	pattern) is used to cut out the same shape	Rapow. Fouches
	multiple times.	
	•	
	To know that drawing a design idea is useful to see how an idea will look.	
\	Kapow: Puppets	Descible Fasishment V
Y	To know that a fastening is something that	Possible Enrichment: Kapow:
е	holds two pieces of material together.	Cushions/Collars
a	To know that different fastening types are	
r	useful for different purposes.	
3	To know that creating a mock-up (prototype)	
	of their design is useful for checking ideas	
	and proportions.	
	Kapow: Fastenings	
Υ	Possible Enrichment: Kapow:	To know that a fastening is something that
е	Cushions/Collars	holds two pieces of material together.
а		To know that different fastening types are
r		useful for different purposes.
4		To know that creating a mock-up (prototype)
		of their design is useful for checking ideas
		and proportions.
		Kapow: Fastenings
Υ	To know:	Possible Enrichment: Kapow: Stuffed Toys
е	How designers use pattern pieces when	
а	creating textile products.	
r	Pattern pieces are like nets/templates.	
5	Nets can be folded to create 3D shapes.	
	Products are sometimes made in parts that	
	are sewn together.	
	Safety pins can hold fabric in place before	
	sewing.	
	Consistently sized stitches improve the	
	aesthetic of a product.	
	The shape of an object can affect both its	
	aesthetics and function.	
	There are different types of stitches.	
	What a running stitch is.	
	Aesthetics is how something looks.	
	Kapow: Bags	

Υ	Possible Enrichment: Kapow: Stuffed Toys	To know:
е		How designers use pattern pieces when
а		creating textile products.
r		Pattern pieces are like nets/templates.
6		Nets can be folded to create 3D shapes.
		Products are sometimes made in parts that
		are sewn together.
		Safety pins can hold fabric in place before
		sewing.
		Consistently sized stitches improve the
		aesthetic of a product.
		The shape of an object can affect both its
		aesthetics and function.
		There are different types of stitches.
		What a running stitch is.
		Aesthetics is how something looks.
		Kapow: Bags

Cooking and Nutrition

	Start at Year A	Start at Year B
Υ	To know that 'diet' means the food and drink	Possible Enrichment: Kapow: Fruit and
е	that a person or animal usually eats.	Vegetables
a	To understand what makes a balanced diet.	
r	To know where to find the nutritional	
1	information on packaging.	
	To know that the five main food groups are:	
	Carbohydrates, fruits and vegetables,	
	protein, dairy and foods high in fat and	
	sugar.	
	To understand that I should eat a range of	
	different foods from each food group, and	
	roughly how much of each food group.	
	To know that nutrients are substances in	
	food that all living things need to make	
	energy, grow and develop.	
	To know that 'ingredients' means the items	
	in a mixture or recipe.	
	To know that I should only have a maximum	
	of five teaspoons of sugar a day to stay	
	healthy.	
	To know that many food and drinks we do	
	not expect to contain sugar do; we call these	
	'hidden sugars'.	
	Kapow: A Balanced Diet	

Υ	Possible Enrichment: Kapow: Fruit and	To know that 'diet' means the food and drink
e	Vegetables	that a person or animal usually eats.
a	S .	To understand what makes a balanced diet.
r		To know where to find the nutritional
2		information on packaging.
		To know that the five main food groups are:
		Carbohydrates, fruits and vegetables,
		protein, dairy and foods high in fat and
		sugar.
		To understand that I should eat a range of
		different foods from each food group, and
		roughly how much of each food group.
		To know that nutrients are substances in
		food that all living things need to make
		energy, grow and develop.
		To know that 'ingredients' means the items
		in a mixture or recipe.
		To know that I should only have a maximum
		of five teaspoons of sugar a day to stay
		healthy.
		To know that many food and drinks we do not expect to contain sugar do; we call these
		'hidden sugars'.
		Kapow: A Balanced Diet
Y	To know that not all fruits and vegetables	Possible Enrichment: Kapow: Adapting a
l e	can be grown in the UK.	Recipe.
a	To know that climate affects food growth.	
r	To know that vegetables and fruit grow in	
3	certain seasons.	
	To know that cooking instructions are known	
	as a 'recipe'.	
	To know that imported food is food that has	
	been brought into the country.	
	Kapow: Eating Seasonally	
Y	Possible Enrichment: Kapow: Adapting a	To know that not all fruits and vegetables
l e	Recipe.	can be grown in the UK.
a	'	To know that climate affects food growth.
r		To know that vegetables and fruit grow in
4		certain seasons.
		To know that cooking instructions are known as a 'recipe'.
		l ·
		To know that imported food is food that has been brought into the country.
		Kapow: Eating Seasonally
		Napow. Lating Scasonally

Y e a r 5	To understand where meat comes from – learning that beef is from cattle and how beef is reared and processed, including key welfare issues. To know that I can adapt a recipe to make it	Possible Enrichment: Kapow: Come DIne With Me
	healthier by substituting ingredients. To know that I can use a nutritional calculator to see how healthy a food option is. To understand that 'cross-contamination' means that bacteria and germs have been passed onto ready-to-eat foods and it happens when these foods mix with raw meat or unclean objects. Kapow: What Could Be Healthier	
Y e a r 6	Possible Enrichment: Kapow: Come Dine With Me	To understand where meat comes from — learning that beef is from cattle and how beef is reared and processed, including key welfare issues. To know that I can adapt a recipe to make it healthier by substituting ingredients. To know that I can use a nutritional calculator to see how healthy a food option is. To understand that 'cross-contamination' means that bacteria and germs have been passed onto ready-to-eat foods and it happens when these foods mix with raw meat or unclean objects. Kapow: What Could Be Healthier

Mechanisms and Mechanical Systems

	Start at Year A	Start at Year B
Υ	Possible Enrichments:	To know that mechanisms are a collection of
е	Kapow: Wheels and Axles	moving parts that work together as a machine to
а	Kapow: Make a Fairground Wheel	produce movement.
r	Kapow: Slider Game	To know that there is always an input and an
1		output in a mechanism.
		To know that an input is the energy that is used
		to start something working.
		To know that an output is the movement that
		happens as a result of the input.
		To know that a lever is something that turns on a
		pivot.
		To know that a linkage mechanism is made up of
		a series of levers.
		Kapow: Make a Moving Monster

Υ	To know that mechanisms are a	Possible Enrichment:
e	collection of moving parts that work	Kapow: Wheels and Axles
a	together as a machine to produce	Kapow: Make a Fairground Wheel
r	movement.	Kapow: Slider Game
2	To know that there is always an input	
	and an output in a mechanism.	
	To know that an input is the energy that	
	is used to start something working.	
	To know that an output is the movement	
	that happens as a result of the input.	
	To know that a lever is something that	
	turns on a pivot.	
	To know that a linkage mechanism is	
	made up of a series of levers.	
	Kapow: Make a Moving Monster	
Υ	Possible Enrichment:	To know:
е	Kapow: Pneumatic Toys	Extra information on drawings or diagrams can
a		help the user understand a design or idea.
r		An exploded diagram shows how the parts of a
3		product fit together.
		A prototype is a detailed model that helps users
		understand how a product will work.
		A problem or need is something that a designer
		can help to solve.
		A target audience is a group of people that
		might like the idea.
		Different tools and equipment have different
		dangers.
		A ruler can be used to measure length.
		Scissors are useful for cutting out complex
		shapes.
		A hot glue gun can be used to join materials.
		Different pieces of equipment will be used at
		different stages in a plan.
		The better the suggestions, the better the
		feedback.
		They can choose to use feedback or not.
		Some products are more successful than others because of their function.
		Designers and inventors create products.
		Choices of materials and equipment can affect
		the final product.
		Feedback is ideas and suggestions from other
		people that can help improve their work.
		A mechanical system can allow us to move
		something more easily.
		Mechanical systems have more than one
		mechanism that moves to make them work.
		Mechanical systems are often hidden in
		products to make them look more appealing.
		Kapow: Mechanical Cars
Ц		Napowi Wednamed Cars

.,	— .	1
Υ	l IO	know:

- e Extra information on drawings or
- a diagrams can help the user understand a
- r design or idea.
- 4 An exploded diagram shows how the parts of a product fit together.

A prototype is a detailed model that helps users understand how a product will work.

A problem or need is something that a designer can help to solve.

A target audience is a group of people that might like the idea.

Different tools and equipment have different dangers.

A ruler can be used to measure length. Scissors are useful for cutting out complex shapes.

A hot glue gun can be used to join materials.

Different pieces of equipment will be used at different stages in a plan.

The better the suggestions, the better the feedback.

They can choose to use feedback or not. Some products are more successful than others because of their function. Designers and inventors create products.

Choices of materials and equipment can affect the final product.

Feedback is ideas and suggestions from other people that can help improve their work.

A mechanical system can allow us to move something more easily.

Mechanical systems have more than one mechanism that moves to make them work.

Mechanical systems are often hidden in products to make them look more appealing.

Kapow: Mechanical Cars

Possible Enrichment: Kapow: Pneumatic Toy

Υ	Possible Enrichment: Kapow: Automata	To know:
e	Toys	Mechanical systems that use gears in everyday
а	·	objects (e.g. bicycle, clock, etc.).
r		Gears and pulleys allow us to transfer
5		movement and force from one part of a
		mechanical system to another.
		Gears allow us to increase the output of a
		mechanism.
		Market research is a way of collecting
		information about problems or needs.
		Constraints are things that might stop our ideas
		from being successful.
		Original and innovative ideas are different from
		what has been made before.
		Annotations are detailed labels and comments
		on diagrams.
		Risks are things that might happen.
		Hot glue creates a strong bond quickly.
		It is often better to choose safer equipment.
		Sustainability means thinking about the
		materials that were used to make a product and
		how the product was made.
		Their final product can still be improved by
		different materials or techniques.
		Evaluating their designs in detail will help them
		understand their successful and less successful
		parts.
		Feedback should be positive, helpful and
		specific.
		That explaining how they used feedback to
		improve their design can help them create better
		products in the future.
<u> </u>		Kapow: Gears and Pulleys

Υ	To know:	Possible Enrichment: Kapow: Automata Toys
e	Mechanical systems that use gears in	, , , , , , , , , , , , , , , , , , , ,
a	everyday objects (e.g. bicycle, clock,	
r	etc.).	
6	Gears and pulleys allow us to transfer	
	movement and force from one part of a	
	mechanical system to another.	
	Gears allow us to increase the output of	
	a mechanism.	
	Market research is a way of collecting	
	information about problems or needs.	
	Constraints are things that might stop	
	our ideas from being successful.	
	Original and innovative ideas are	
	different from what has been made	
	before.	
	Annotations are detailed labels and	
	comments on diagrams.	
	Risks are things that might happen.	
	Hot glue creates a strong bond quickly.	
	It is often better to choose safer	
	equipment.	
	Sustainability means thinking about the	
	materials that were used to make a	
	product and how the product was made.	
	Their final product can still be improved	
	by different materials or techniques.	
	Evaluating their designs in detail will	
	help them understand their successful	
	and less successful parts.	
	Feedback should be positive, helpful	
	and specific.	
	That explaining how they used feedback	
	to improve their design can help them	
	create better products in the future.	
	Kapow: Gears and Pulleys	

Digital World

	Start at Year A	Start at Year B
Υ	N/A	N/A
е		
а		
r		
1		
Υ	N/A	N/A
е		
а		
r		
2		

Υ	Possible Enrichment: Kapow: Mindful	To understand that in programming a 'loop'
'	Moments Timer	is code that repeats something again and
a	Women's Timer	again until stopped.
r		To know that a Micro:bit is a pocket-sized,
3		l ' '
3		codeable computer.
		Writing a program to control (button press)
		and/or monitor (sense light) that will initiate
		a flashing LED algorithm.
<u></u>		Kapow: Electronic Charms
Y	To understand that in programming a 'loop'	Possible Enrichment: Kapow: Mindful
е	is code that repeats something again and	Moments Timer
a	again until stopped.	
r	To know that a Micro:bit is a pocket-sized,	
4	codeable computer.	
	Writing a program to control (button press)	
	and/or monitor (sense light) that will initiate	
	a flashing LED algorithm.	
	Kapow: Electronic Charms	
Υ	To know that accelerometers can detect	Possible Enrichment: Kapow: Monitoring
е	movement.	Devices
а	To understand that sensors can be useful in	
r	products as they mean the product can	
5	function without human input.	
	To know that designers write design briefs	
	and develop design criteria to enable them	
	to fulfil a client's request.	
	To know that 'multifunctional' means an	
	object or product has more than one	
	function.	
	To know that magnetometers are devices	
	that measure the Earth's magnetic field to	
	determine which direction you are facing.	
	Kapow: Navigating the World	
Υ	Possible Enrichment: Kapow: Monitoring	To know that accelerometers can detect
е	Devices	movement.
a		To understand that sensors can be useful in
r		products as they mean the product can
6		function without human input.
		To know that designers write design briefs
		and develop design criteria to enable them
		to fulfil a client's request.
		To know that 'multifunctional' means an
		object or product has more than one
		function.
		To know that magnetometers are devices
		that measure the Earth's magnetic field to
		determine which direction you are facing.
		Kapow: Navigating the World
		-

Electrical Systems

	Start at Year A	Start at Year B
Υ	N/A	N/A
е		
a		
r		
1		
Υ	N/A	N/A
e		
a		
r		
2	Dossible Enrichment, Keneyy Flactuic Darte	To undowstand that alocatical acceducate
Y	Possible Enrichment: Kapow: Electric Poster	To understand that electrical conductors are materials which electricity can pass through.
e a		To understand that electrical insulators are
l r		materials which electricity cannot pass
3		through.
		To know that a battery contains stored
		electricity that can be used to power
		products.
		To know that an electrical circuit must be
		complete for electricity to flow.
		To know that a switch can be used to
		complete and break an electrical circuit.
		Kapow: Torches
Υ	To understand that electrical conductors are	Possible Enrichment: Kapow: Electric Poster
е	materials which electricity can pass through.	
a	To understand that electrical insulators are	
r	materials which electricity cannot pass	
4	through.	
	To know that a battery contains stored	
	electricity that can be used to power	
	products. To know that an electrical circuit must be	
	complete for electricity to flow. To know that a switch can be used to	
	complete and break an electrical circuit.	
	Kapow: Torches	
	Napowi forcinco	

Υ	Possible Enrichment: Kapow: Wobble Bots	To know that 'form' means the shape and
l e	1 0001016 Enrichment. Rapow. Woodsie Bots	appearance of an object.
a		To know the difference between 'form' and
r		'function'.
5		To understand that 'fit for purpose' means
		that a product works how it should and is
		easy to use.
		To know that 'form over purpose' means
		that a product looks good but does not work
		very well.
		To know the importance of 'form follows
		function' when designing: the product must
		be designed primarily with the function in
		mind.
		To understand the diagram perspectives 'top
		view', 'side view' and 'back'.
		Kapow: Steady Hand Game
Υ	To know that 'form' means the shape and	Possible Enrichment: Kapow: Wobble Bots
e	appearance of an object.	
а	To know the difference between 'form' and	
r	'function'.	
6	To understand that 'fit for purpose' means	
	that a product works how it should and is	
	easy to use.	
	To know that 'form over purpose' means	
	that a product looks good but does not work	
	very well.	
	To know the importance of 'form follows	
	function' when designing: the product must	
	be designed primarily with the function in	
	mind.	
	To understand the diagram perspectives 'top	
	view', 'side view' and 'back'.	
	Kapow: Steady Hand Game	