Headteacher: Mrs JL Botham Med NPQH

Sutton on the Forest Church of England
Voluntary Controlled Primary School
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To create a school where we all:
Go further than we thought!
run faster than we hoped!
reach higher than we dreamed!
to become the people God meant us to be!!!!!

8th December 2016

Dear Parent,

Swimming lessons are due to begin on **Tuesday 10th January** at Thirsk Swimming Pool. Swimming is an essential part of the PE curriculum and it is important that all children participate otherwise, they are missing out on timetabled PE. The lessons take place over a period of 6weeks, our last session being February 14th 2017.

DFES guidelines stipulate that where ever possible, all primary aged children should have access to at least, 2 hours physical activity a week. Swimming improves strength, stamina and suppleness by using all the muscles in the body and exercising the joints. Regular exercise improves fitness and enables the body to work more efficiently. Even if your child can swim, or attends out of school swimming lessons, school based lessons are still a statutory requirement in order to ensure that all children are able to swim and have mastered some simple personal survival skills. These are major factors in the ability of a person to survive in water, particularly in an open environment. A good swimmer, who is trained in life saving, will be able to help others who may be in difficulty in water.

The school has always subsidised swimming as we recognise swimming as an important life skill. This year, swimming sessions will cost £18.00 per child for 6 weeks. This can either be paid as a one off voluntary contribution or 6 weekly payments of £3.00 per child. The permission slip below needs to be returned to school by Friday 16th December. .

It is possible to pay for these lessons using ParentPay, or by cheque or cash at the school office. Cheques made payable to 'Sutton-on-the-Forest CE School – School Fund'.

We will carry out an assessment during our first session, but to help us place your child in the appropriate swimming group we are asking for details of the **most recent** swimming badges and awards, if any, your child has completed.

Please can we ask for your support. If there are any problems or queries, please see Mrs. Botham.

Yours Sincerely

Mrs JL Botham
Headteacher

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I would like my child _____ to attend swimming lessons they have completed the following swimming badges/distance awards_____

I enclose payment of £18 for 6 weeks swimming. ☐

I shall pay £3.00 weekly. ☐

I will pay using Parent Pay. ☐

Signed _____